

[UPDATED: Simple Guide to the UN Treaty Bodies - Guide Simple sur les organes de traités des Nations Unies](#)

16.07.2015



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NEWLY UPDATED: July 2015



ISHR's [Simple Guide to the UN Treaty Bodies](#) provides an overview of the UN human rights treaty body system and the different ways human rights defenders can make use of it to further their human rights causes. The guide also provides information on the relationship between the treaty bodies and other UN human rights mechanisms, relevant developments related to the harmonisation of the working methods of the treaty bodies, and a glossary and e-resources for further reference.

A SIMPLE GUIDE TO THE
UN TREATY BODIES



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